

Climate Smart Healthcare Resilience

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What is Resilience?



GUS SEEMS
PREPARED TO ROLL
WITH THE PUNCHES
WHEN IT COMES TO
CLIMATE CHANGE



LYNCH



Resilience is the ability to recover from or adjust easily to misfortune or change.

It is often linked to emotional strength.



What is the role of healthcare practitioners in raising awareness about the impacts of climate change within their patient populations?

What strategies can the healthcare sector adopt to support communities to become more resilient to climate change?



Effecting change and building resilience

Individual

Community and Partnerships

National/International



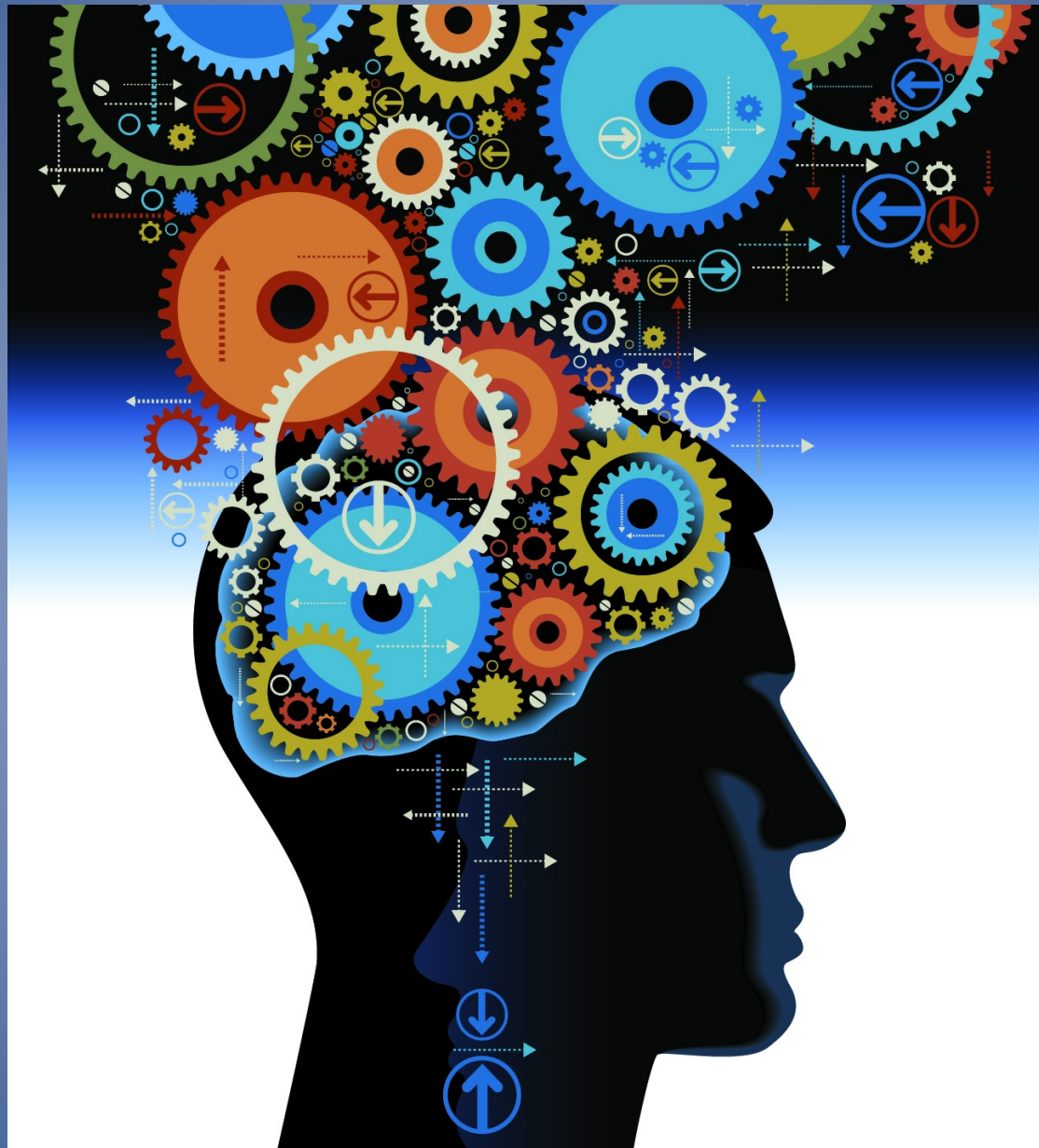
The role of healthcare practitioners in raising awareness about the impact of climate change within their patient populations



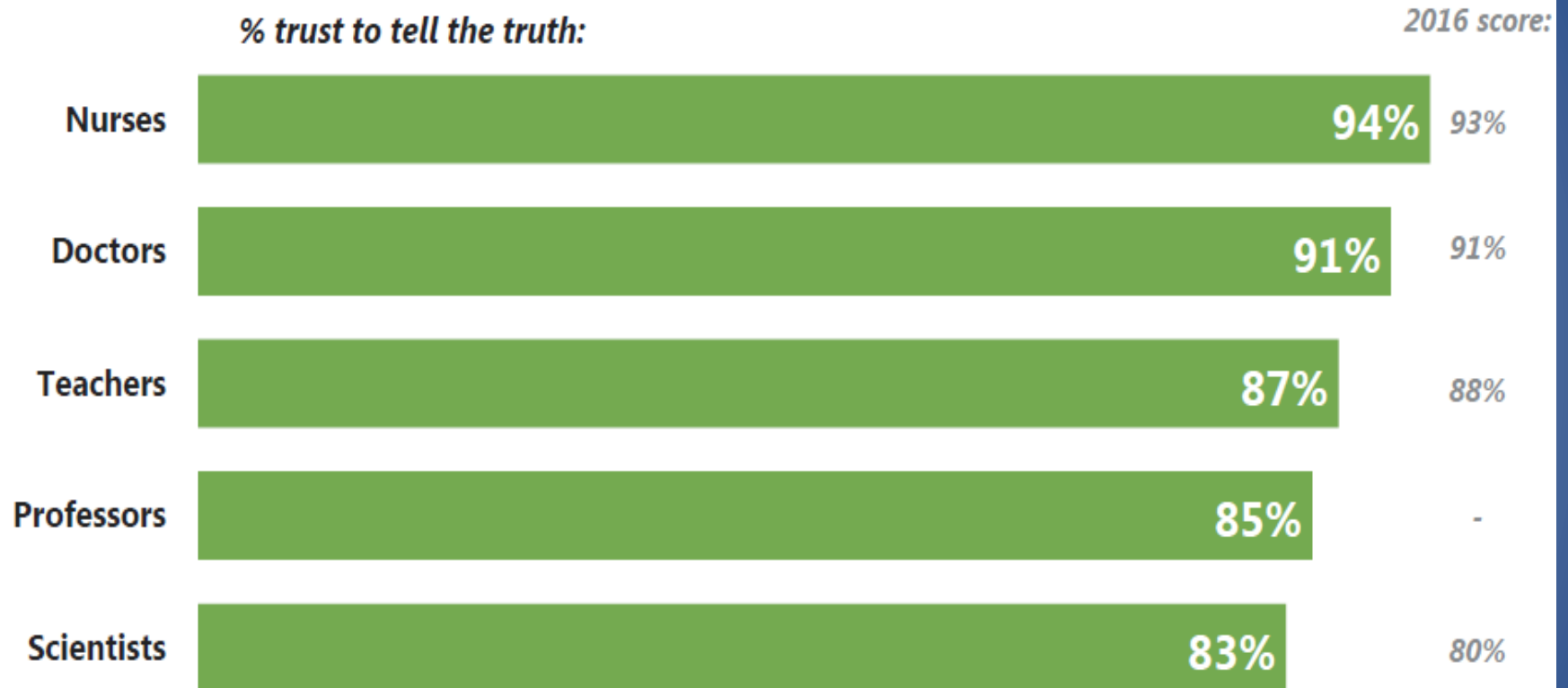


Climate Change, Biodiversity Loss
and Pollution are the greatest
public health threats we have
ever faced... but also our
greatest opportunity





The five most trusted professions, 2017



Individual level

- Is it ever discussed in patient consultation?
- Does it affect the advice you give?
- Patient facing materials available in waiting rooms?
- Visible support for the Climate Strikes?





**In Canada, almost
20 000 deaths each
year are linked to
air pollution.**

We can help prevent them.

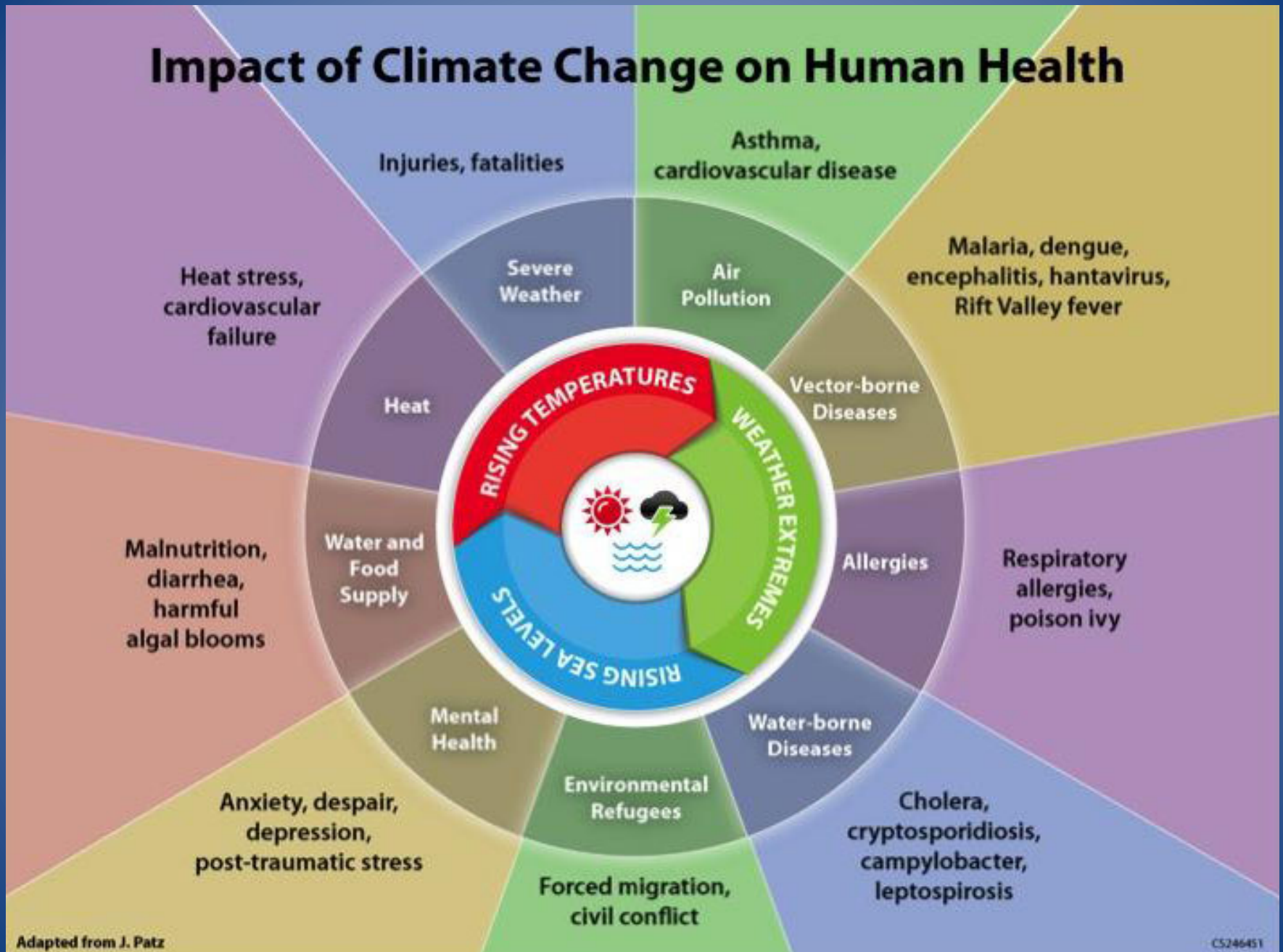
On **Sept 27**, the Canadian Association of Physicians for the Environment (CAPE) is supporting **Fridays for Future** student leaders to call for effective climate action.

Find out more at
cape.ca/events/doctors-for-future

Protect our health from climate change | #doctorsforfuture

How do we present information?

Impact of Climate Change on Human Health



In the UK

- By 2030 we will see 7000 additional deaths annually in the UK from heat stress.
- 5 million people live in flood prone areas. After the 2007 floods we saw a 5 fold increase in MH problems
- Transport accounts for 26% of emissions
- This is directly linked to 40,000 premature deaths annually in the uk due to air pollution





What strategies can the healthcare sector adopt to support communities to become more resilient to climate change?



Community level

- Lead by example
- Developing place based approach
- Build a focus on prevention
- Work with local PH colleagues/ Health and Wellbeing Boards.
- Role of Social Prescribing
- Declaration of Climate Emergency





NORTHERN

WESTERN

SOUTHERN

EASTERN

Ilfracombe
Lynton

Barnstaple

South Molton

Tiverton

Holsworthy

Okehampton

Exeter

Axminster

Sidmouth

Tavistock

Buckfastleigh

Torquay

Plymouth

Kingsbridge

Dartmouth

One Northern Devon

Our place based approach



Healthy people living healthy lives supported by
connected communities.

Living in resilient, healthy, nourishing natural
environments



One Northern Devon context

National Responsibility (examples)

Department of Health & Social Care

Public Health England

NHS England

Ministry of Housing, Communities & Local Government

Home Office

Devon responsibility (examples)

Devon Health & Wellbeing Board

Sustainability & Transformation Partnership (Devon H&SC providers & commissioners)

Safer Devon Partnership

Regional strategies (examples)

Prevention & early intervention

Mental Health

North Devon (examples)

NEW Devon CCG

Northern Devon Healthcare Trust

Devon County Council

District Councils (NDC & TDC)

Devon & Somerset Fire & Rescue Service

Devon & Cornwall Police

North Devon GPs

Devon Partnership Trust

Role: Translating all of the above into a North Devon strategy based on North Devon's needs and assets

Local Care Partnership North

STP Health & Social Care Delivery Plans

One Northern Devon

North Devon & Torridge Community Safety Partnership

Suicide Prevention plan, etc.

Membership: all of the above North Devon organisations plus VCS sector and our communities

Place based delivery partnerships that are supported to work together to address their local needs using local assets, knowledge and relationships

One Ilfracombe

One Bideford

... to include other community partnerships as they develop

The Role of Social Prescribing in building resilience





Disconnected communities





Connected communities



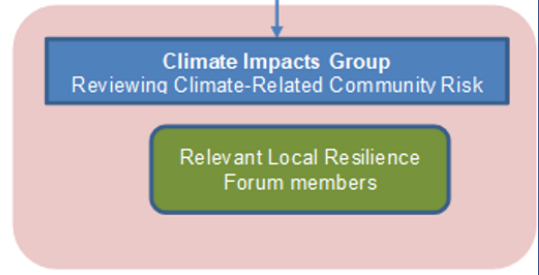
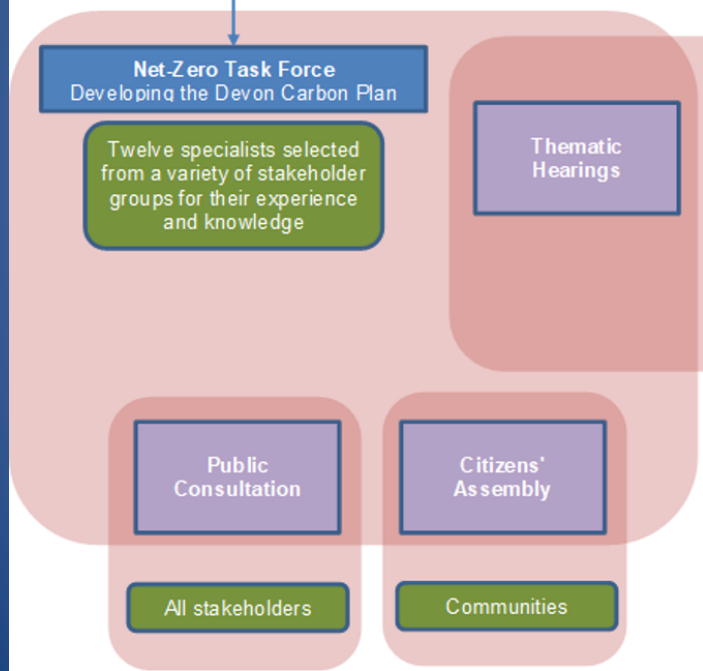
Climate Emergency Declaration





Mitigating carbon emissions

Adapting to a 1.5-degree warmer world



Summary

- Lead by example, Climate Change is core business
- Health as an anchor institution
- Move from illness model to wellness model with focus on prevention
- Use the levers of potential health impacts to embed environmental sustainability in local policy
- Connected leadership approach Councils/Local plans/ LEP/LNP/STP/ CCG/LCP/PCN etc



Personal challenges

- Imposter syndrome
- Tribe time
- Knowledge doesn't change behaviour
- Power of story
- Some people will arrive late to the party!



We need

Honesty

Humility

Humour

Courage

A romantic sunset scene on a beach. In the foreground, the silhouettes of a man and a woman stand close together, looking out at the ocean. The sky is a gradient of colors from deep blue at the top to bright orange and yellow near the horizon. The water is dark with white foam from waves breaking on the shore. In the distance, a few small figures can be seen in the water.

Thanks for listening
@Drjamesszy

Useful links

- [Climate Smart Healthcare](#)
- [Clinicians guide to the Planetary Health Emergency](#)
- [Devon Climate Emergency implementation plans](#)
- [Devon Nature Partnership – Naturally Healthy](#)

